



Help Keep the Game We Love Safe!

Practice Good Hygiene



Avoid high fives and use non-contact greeting methods.



Wash your hands before and after each activity.



Disinfect all personal equipment before and after each activity.



Avoid touching your face and cover your coughs and sneezes.



Do not share water bottles.

Stay home if...

- You are experiencing any of the following symptoms: fever, cough, chills, shortness of breath or difficulty breathing, muscle pain, or sore throat.
 - You have a sick family member at home.
 - You are a high risk individual: older adults (65 & over) or have any pre-existing health conditions (heart disease, diabetes, cancer, other immune deficiencies).
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