



**Fall 2020**

**Basketball Coaches Meeting**

# Meeting Overview



## General Information

- Introduction
- League Forms
- Rosters
- Practices & Schedule
- Games & Schedule

## League Information

- Ball Size
- Playing Time Rules
- Free Throw Line
- Pressing Rules
- Uniforms
- Posted Scores
- Referees
- Facility Rules
- Coaches Badges

# Basketball Director



- Justin Goldsmith
- Email: [jgoldsmith@fieldhouseusa.com](mailto:jgoldsmith@fieldhouseusa.com)

# League Forms



## Team Conflict Form

- To be used prior to the game scheduled being released to indicate when a whole or majority of a team cannot make a specific date(s).
- NOT to be used when only 1 or 2 players cannot attend a specific date(s).
- We can NOT guarantee full weekends off.
- We can NOT guarantee no Sunday games all season.
- Must be specific with times you are unable to attend (i.e. Saturdays from 8:00 am – 10:30 am)

## Game Move Request Form

- NO GAME MOVES FOR THE FIRST WEEK UNLESS IT WAS SUBMITTED ON CONFLICT FORM PRIOR TO THE SCHEDULE BEING MADE.
- To be used after the game schedule is released if a game on your schedule presents a conflict for your team that would result in a forfeit.
- Games MUST be moved by Wednesday at noon the week of the game or it will remain as scheduled.
- BOTH teams MUST agree upon the newly proposed game day and time by the director.
- Game Move Requests MUST be turned in 7 days prior to your scheduled game.

**TEAM CONFLICT, DIVISION & PRACTICE FORMS DUE Wednesday, August 26<sup>th</sup> by 9:00pm**

# League Forms cont.



## Division Request Form

- Select a division where you believe your team best fits.
- We will use past playing history and records along with the request to place teams in divisions
- FieldhouseUSA has the final say in divisions.

## Practice Request Form

- Provide 3 options that work for your team.
- Practices begin at the top of each hour.
  - From 4 pm – 9 pm
- Practices are 50 minutes in length.
- Each team receives a half court for practice.
- Full court or additional weekly practice available for \$225, but is not guaranteed.
- If you request a 4 pm time, it will be upgraded to a FULL court. Based on availability, first come, first serve.
- Middle School & above teams will likely only have 5pm and 9 pm practice times due to limited space.
  - If that does not work for your schedule, Friday practice are available.

**TEAM CONFLICT, DIVISION & PRACTICE FORMS DUE Wednesday, August 26<sup>th</sup> by 9:00 pm**

# Rosters



- ALL information boxes need to be filled out if players are new or have never played at FieldhouseUSA.
- Please contact all players on roster within 48 hours of receiving team roster.
  - Call or email is acceptable.
- Players can be added until the 3<sup>rd</sup> week of the season.
  - Final day to add players is [Sunday, September 27<sup>th</sup>](#).
- It is the coach's responsibility to make sure their roster is correct.
- Players can only play on one team per grade level – NO EXCEPTIONS.

# Practices & Schedule



- Scheduled practices will begin the week of August 31<sup>st</sup>.
- Each team will receive a weekly 50 minute, half court practice.
- Practices WILL be held on Labor Day – we are open.
- Practice schedule will be released no later than end of day Saturday, August 29<sup>th</sup> at 3:00 pm.
- NO PRACTICES the week of October 5<sup>th</sup>-9<sup>th</sup> (weekday games to be played that week).
- Practice preference - priority goes from youngest grade to oldest grade.
- Practices available from 4 pm – 9 pm.
- NO PRACTICE TEAMS need to submit a practice request indicating you do not need a practice.
- Teams will NOT be placed on the practice schedule if a practice request form is not turned in.
- 4 pm practices will be upgraded to a full court on a first come, first serve basis.
- Middle School & above teams will likely only have 5pm and 9pm practice times due to limited space.
  - If that does not work for your schedule, Friday practice times are available.

# Games & Schedule



- Games will begin the weekend of September 11<sup>th</sup>.
- Games will end the weekend of November 13<sup>th</sup>.
- Game schedule will be released by Tuesday, September 8th.
- Weekday games the week of October 5<sup>th</sup> - 9<sup>th</sup>.
- Each team will be scheduled 8 regular season games.
- NO playoffs or post-season play.
- Games can be played on Friday evenings, all day Saturday, or Sunday afternoons.
  - Limited number of Friday games available.



# Ball Size



- Game ball is to be provided by the home team.
- Kindergarten – 3<sup>rd</sup> grade: Junior Ball (27.5)
- 4<sup>th</sup>-5<sup>th</sup> grade BOYS: Intermediate Ball (28.5)
- 4<sup>th</sup> grade & above GIRLS: Intermediate Ball (28.5)
- 6<sup>th</sup> grade & above BOYS: Official Ball (29.5)

# Playing Times Rules



## Kindergarten – 2<sup>nd</sup> Grade

- (4) 10 minute quarters
  - Running clock
  - Stop clock last 2 minutes of 2<sup>nd</sup> and 4<sup>th</sup> quarter
  - (1) 45 second time out each half, no carryovers
- Players must play 50% of each half
  - 20 minutes total for entire game

## 3<sup>rd</sup> – 12<sup>th</sup> Grade

- (4) 10 minute quarters
  - Running clock
  - Stop clock last 2 minutes of 2<sup>nd</sup> and 4<sup>th</sup> quarter
  - (1) 45 second time out each half, no carryovers
- Players must play 25% of each half
  - 10 minutes total for entire game

**1 minute break between quarters – 2 minute break at half time.  
2 minute overtime for 3<sup>rd</sup> grade & above.**

# Free Throw Line



- Kindergarten – 1<sup>st</sup> grade
  - From line closest to the basket
- 2<sup>nd</sup> – 3<sup>rd</sup> grade
  - From the hash in front of the free throw line
- 4<sup>th</sup> grade & above
  - Regulation free throw line

# Pressing Rules



## Kindergarten – 2<sup>nd</sup> Grade

- No backcourt defensive pressure.
- No pressure until offensive team makes initial penetration OVER the red line.
- Once ball control has been established on a rebound, the defensive team must release.

## 3<sup>rd</sup> Grade

- No backcourt defensive pressure.
- Once ball control has been established on a rebound, the defensive team must release. No pressure until ball has passed half court.

# Pressing Rules cont.



## 4<sup>th</sup> – 5<sup>th</sup> Grade

- First Half
  - No backcourt defensive pressure.
  - Once ball control has been established on a rebound, the defensive team must release. NO pressure until ball has passed half court.
- Second Half
  - Full court pressure is permitted in 2<sup>nd</sup> half, unless team is up by 15 points or more.

## 6<sup>th</sup> – 12<sup>th</sup> Grade

- Full court pressure is permitted the entire game, unless team is up by 15 points or more.

# Uniforms



- Teams MUST provide their own jerseys.
- Jerseys MUST be the same color.
- Only requirement is a unique number on the back (00-99).
- If there are duplicate numbers on the same team, game will start with a bench technical (shoot 2 free throws, and the ball).
- Preferred reversible jerseys (light & dark).

# Posted Scores



- Scores will be posted online at the end of every night.
- It is the responsibility of each coach to check the scores online and notify the director if a score is not correct.
- Every age group has a maximum point differential of 15 points when we input scores.
- At the conclusion of the season, all scores will stand that were not reported to be incorrect by the last game of the season.

# Referees



- They will make mistakes. We are providing training to help educate and make them better referees.
- Approach referees and timekeepers with respect at all times.
- Issues or complaints – must be EMAILED to Justin.
- Nothing can be done during a game for a call or score changes. The site coordinator is there to ONLY observe and take notes to pass along to official assignor and ref supervisors.



# General Facility Rules



- NO outside food or drink is allowed in the facility.
  - Sports drinks or waters are ok for players to bring in.
- NO outside coolers.
- Please hold ALL basketball, volleyballs, soccer balls, footballs, etc. in the lobby and do not bounce or throw them against the wall while inside the facility.
- Clean up team benches after each game and practice.

# Coaches Badges



- Coaches MUST have a coaching badge while on the sideline during games.
- Coaches badges MUST be visible for officials and staff to see.
- ONLY 2 coaches with badges allowed on the bench during games.

**Need your roster?  
Have Questions?**

**Please contact Justin Goldsmith**

